



# SILVER OAK ACADEMY

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*Dedicated to improving the lives of youth, families and communities.*



# About Us

## *The Silver Oak Academy Program*

Situated on a 75-acre campus in Keymar, Maryland, Silver Oak Academy offers youth a calm and enriched therapeutic environment that is attractive, safe and comfortable. Silver Oak serves at-risk young men aged 14 to 17 who have displayed delinquent behaviors and who have been subjected to abuse, neglect or traumatic experiences. The program focuses on growth and change over time, building communication and social skills. Staff work to design healing environments through embracing trauma-informed principles of safety, trust, collaboration, voice and choice and empowerment. The young men participate in daily programming focused on clinical treatment services, education, vocational training, health and wellness, and community and family engagement.

## *Operated with over 35 years of experience*

At Rite of Passage, our values reflect those of a business founded by people who want to help youth succeed. Our child-centered approach, with a focus on providing normalized environments, safety and caring relationships, and positive opportunities for learning, personal growth and integration, reflects our commitment to tomorrow's generation. For over 35 years, Rite of Passage has incorporated best-practices, research and evidence-based methodologies to develop a trauma-informed, strengths-based paradigm that places youth at the forefront of their own personal growth, healing and recovery.

# Silver Oak Academy

## 2018 Outcomes

In 2018, Silver Oak youth attended accredited education classes, earned vocational certificates, participated in extracurricular activities and developed new skills through evidence-based interventions while meeting their Treatment Plan goals. These milestones enabled them to graduate with well thought-out plans for a bright future.

### Education and Vocation

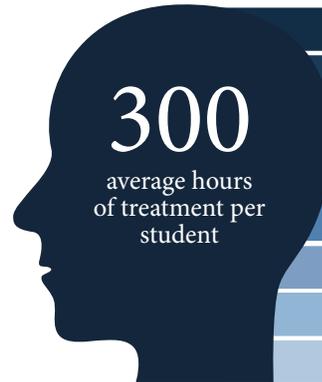
22  
high school  
diplomas  
awarded



2.4  
GE growth in  
reading

2.5  
GE growth in  
Math

### Evidence-Based and Clinical Services



300  
average hours  
of treatment per  
student

- Positive Skill Development Groups
- Aggression Replacement Training
- Individual Therapy
- Individual Family Therapy
- UCCI Substance Abuse
- Thinking for a Change
- Seeking Safety
- Multi Family Groups

### Family and Community Engagement



326  
on-site family visits

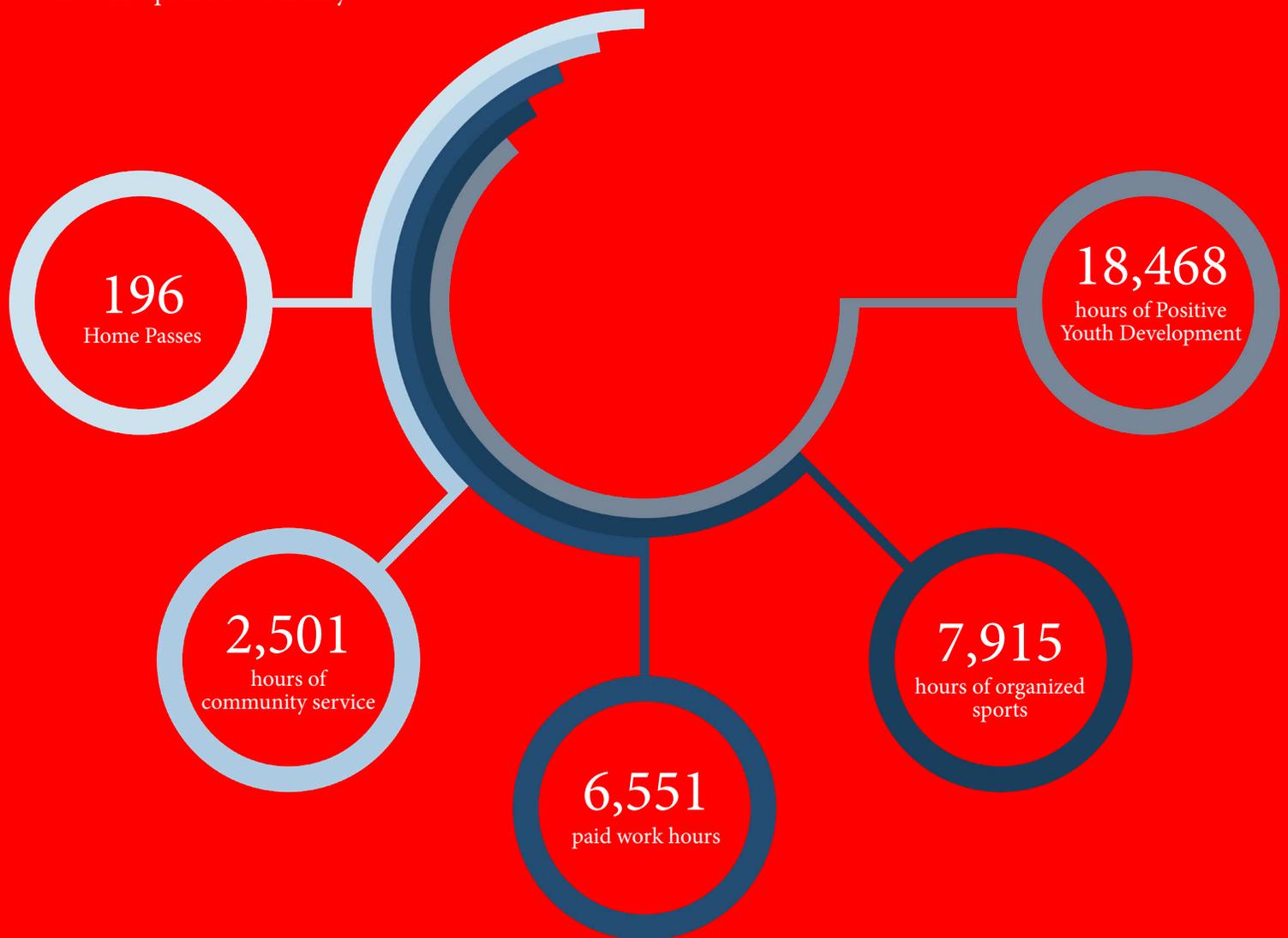


3.96  
MDT meetings per youth



# Positive Youth Development

Silver Oak Academy offers youth opportunities to develop and practice skills while engaging with their peers and community through our Positive Youth Development programming. Participation in cultural and recreational activities, and engagement with the community helps youth cultivate ethical and moral development and a stronger sense of responsible citizenry.



# Programming designed to promote learning, growth and positive change.

## *Safe Spaces*

Silver Oak provides a safe, organized and supportive structure, accomplished by engaged staff who are respectful, informed and connected with our youth. Staff form positive, pro-social relationships with the young men, act as mentors and role models, and provide encouragement as they work toward their treatment goals. Silver Oak's safe and normalized environment includes vigilance to necessary adaptations that will continue to foster a child's sense of physical and emotional safety.

## *Learning Environments*

At Silver Oak Academy, students attend the accredited, on-campus non-public Type I school. Education placement is based upon each individual youth's needs and takes into consideration any Individual Education Plans (IEPs). By embracing culturally-relevant pedagogy, parent involvement and community collaboration, Silver Oak students are able to develop academic, vocational and social skills that lead to lifelong success.

## *Therapeutic and Treatment Services*

Through a carefully calibrated assessment process and collaboration with the young man's family and community supports, an individualized treatment plan is developed to address the youth's risks and needs while taking into account his protective factors. Through evidence-based, cognitive behavioral therapy, trauma-informed care, and individual and family therapy, youth gain skills and strategies that support their successful transition back into the community.

## *Family Connection and Community Engagement*

Family and community involvement is integral to a youth's growth and success. Silver Oak engages families as active participants in their son's treatment and transition planning, and encourages participation in family therapy, parent-teacher conferences, spiritual celebrations and graduation ceremonies. Youth participate in community service projects that help rebuild their community relationships and connect them to local resources.





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