

SILVER OAK ACADEMY

2023 Program Statement

Overview of Services

Silver Oak Academy (SOA), located at 999 Crouse Mill Road in Keymar MD 21757, will provide trauma-responsive, evidenced-based clinical services and strengths-based programming for up to 48 male and female youth (aged 14-18) with high acuity mental health needs, and may present with diagnoses including ADHD, PTSD, bi-polar disorder, ODD, or other trauma-related diagnoses. Young people from Maryland and across the country are accepted into SOA, which provides long-term continuing services within an Integrated Care Model to youth presenting emotional and/or behavioral conditions requiring a high level of on-site therapeutic care and intense structures supervision, behavior management and clinical intervention. The provision of trauma-certified treatment includes individual and group therapy; family therapy; medication management; and crisis intervention services, positive youth development, life skills development, pro-social recreation activities, arrangements for educational service provision, and comprehensive health services. In addition, these youth receive 24-hour residential care and supportive services that focus on family permanency and community reintegration.

Referral and Admissions

Admissions are based on each youth's historical and current information as well as his propensity to maintain safe behaviors. The Admission Manager provides information to the Program and clinical department to determine if the program is able to meet the special needs of the student therapeutically while considering the safety and security of the youth and other youth in the program. If review of a potential admission's referral packet raises concerns regarding service requirements or past history, the Admissions Manager can interview the student and present the referral information to a review team comprised of the SOA Program, Clinical and Group Living Directors to discuss and determine placement eligibility.

Attachment, Regulation, Competency (ARC)

ROP utilizes Attachment, Regulation, Competency (ARC) as the framework for intervention. Contained within these three domains are ten building blocks. ARC's focused intervention concentrates on the broader array of skills deficits seen in the complexly traumatized child and highlights the foundation needed for transforming experience. Through building skills, stabilizing internal distress, and strengthening the security of the caregiving system, interventions guided by this framework seek to provide children with generalizable tools that enhance resilient outcome. The goal of our combined efforts will be to help those we serve to have an increased recognition of their trauma triggers and the role their behaviors serve, to become better able to regulate and modulate their feelings, and to develop skills that promote improved life functioning and competency.





Interactive Supervision

SOA staff, at a ratio of 3:1, work toward safety through a process of interactive supervision, which includes basic visual supervision and periodic roll calls, while emphasizing the importance of positive interactions and establishing relationships that enable staff to be approachable and to deal with behaviors proactively. Interactive supervision encourages routine interactions to promote guidance and encouragement while also providing the opportunity to address minor misbehaviors before they escalate to more significant actions. Interactive Supervisor strengthens the Positive Organizational Culture (POC) by providing a normalized avenue for informal practice of social skills through appropriate interactions.

Positive Organizational Culture

The impact of trauma and the prevalence of traumatic events in the lives of SOA youth reinforces the need for program structure, which enhances safety through predictability and engagement. Structure, achieved through interactive supervision and the rigor of the daily schedule provide the foundation for the POC, which serves as an optimal Trauma Informed operational environment by increasing emotional and physical safety, thereby reducing stress. Successful implementation of this Trauma Informed Operational Environment enables students to focus on education and program services including dealing with past traumatic events through individualized, family, and group therapy.

Education

School-aged youth will attend either Silver Oak Academy's on-site Type III school or Carroll County's Public High School, located in Keymar, MD. Silver Oak Academy and/or the local high school will provide transportation to and from school. Rite of Passage intends to pursue licensure for an on-site Type I school, appropriate for the population.

Vocational Training

It is SOA's intention to provide career and technical education classes through the on-site at the Workforce Development Center where students can, depending on availability, participate in vocations, which may include Barbering, Computer/Information Technology, Culinary Arts, Building Trades, and Business Management. This program will be developed as part of the campus build-out and school licensure process.

Assessment and Treatment Planning

SOA Clinical staff utilize assessment tools, clinical interviews, and collateral data to determine areas of risk and need, which are used to develop Initial Treatment Plans. Initial Treatment Plans are updated within 30 days to become part of students' Service Plans. The SOA Clinical Director oversees this process, utilizing interdepartmental representation to ensure each youth placed receives services to meet the identified benchmarks/milestones.

Case Management

Case management integrates assessment and initial treatment planning, with case planning and service coordination to develop Student Service Plans, which include education and vocation goals, participation in trauma-based groups and individual and family counseling as well as transition planning. Case Managers encourage and monitor youth progress in achieving goal action steps and timelines for achievement outlined within the plans and work with the placement agency to review progress and make adjustments as necessary.

Modalities of Treatment

ROP offers a number of therapeutic services for the individual, family, and group including Trauma Focused Cognitive Behavioral Therapy, Eye Movement Desensitization and Reprocessing, Dialectical Behavior Therapy, Expressive & Experiential Therapy (art, music, animal assisted, movement, horticultural), Aggression Replacement Training, Thinking for a Change, as well as Social Emotional Development, Positive Organizational Culture and Positive Skill Development Groups.

Family Involvement

SOA staff work with placing agency personnel to determine approved family members and community support personnel. SOA provides family therapy, assists with transportation to and from family visits and home passes and encourages family participation in on-campus events such as graduations, ceremonies, and sports events.

Medical

Services include medical, vision and dental services, routine and emergency care, prescription medication management, vision/optometric services, laboratory, x-ray, and pharmaceutical services. SOA utilizes on-site medical and clinical staff and contracts through an off-site licensed mental health provider for medication management and psychiatric services.

Recreation

SOA provides youth with recreational opportunities to promote health and wellness both physically and mentally allowing youth to frequently reflect on their mind, heart, and body in a way that develops self-awareness, self-management, social skills, empathy, and healthy decision-making. Recreation and leisure activities are integrated within the daily schedule and include nutritional education, sports, weightlifting, hiking, yoga, nature walks, guided meditation, team building exercises, collaborative games, and social experiences. The campus includes a football field and track, full court gymnasium, library, weight room and student lounge.

Transportation

SOA provides transportation to various activities ranging from medical appointments and off-site work experiences to court appearances and school functions utilizing well maintained vehicles.

Community Service, Work Experience and Transition Skills

Participation in outings, service projects and paid jobs at various locations within Carroll County enable SOA youth to gain work and volunteer experience while practicing social skills through interactions with employers and community members. Students can earn and save money as they prepare for transition with support and guidance of SOA staff members.

CAMPUS PHOTOS



HARVARD HALL

GEORGETOWN HALL



LIBRARY & STAIRWELL TO ACADEMIC AREA



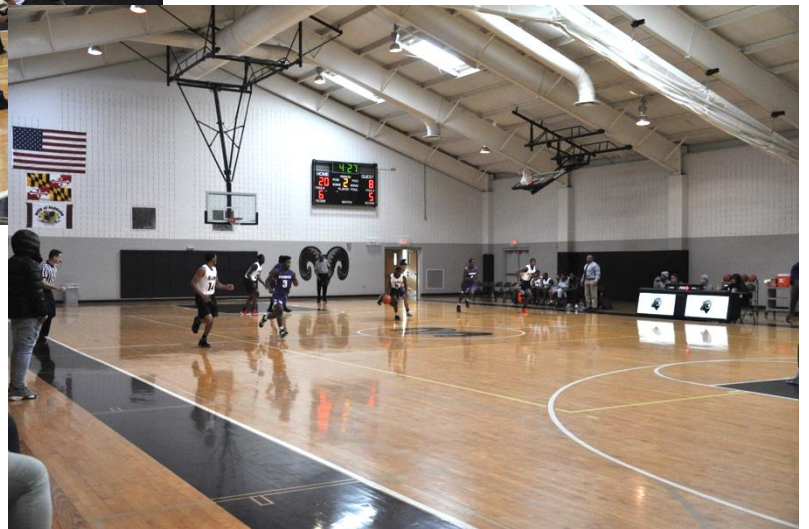
CAFETERIA



OUTDOOR BASKETBALL COURT



GYMNASIUM



WEIGHT ROOM



STUDENT GOVERNMENT ASSOCIATION

